

EContra One-Step®  
(Levonorgestrel) Tablet, 1.5 mg

# The Morning-after Pill When You Need It

## Your Quick Guide to EContra One-Step®



The **#1 sold morning-after pill** in U.S. clinics.<sup>1</sup>

**EContra One-Step** is a **morning-after pill** – or backup birth control method – that helps prevent pregnancy when taken within **72 hours (3 days)** of unprotected sex or a known birth control failure.<sup>2</sup>

Brought to you by

**afaxys**  
pharma

## EContra One-Step® (Levonorgestrel) Tablet, 1.5 mg

### Here's What You Need to Know



- ✓ Single-tablet dosing<sup>2</sup>
- ✓ No prescription or ID required<sup>3</sup>
- ✓ The cost-saving alternative to Plan B One-Step®
- ✗ Won't work if already pregnant<sup>2</sup>
- ✗ Won't affect an existing pregnancy<sup>2</sup>
- ✗ Shouldn't be used as regular birth control<sup>2</sup>



When taken as directed,  
7 out of 8 women who  
would have become  
pregnant will not.<sup>2</sup>

### Where You Can Find EContra One-Step®

EContra One-Step is available at most family planning clinics, community health centers, student health centers, urgent care centers, and Planned Parenthood locations.



TIP

Be prepared by keeping  
EContra One-Step on hand!

# Frequently Asked Questions

## When should I take EContra One-Step®?

Within 72 hours (3 days) of unprotected sex. The sooner you take it, the better it works.<sup>2</sup>

## Will EContra One-Step protect me against sexually transmitted diseases (STDs)?

No, it will not protect you against STDs or HIV (AIDS).<sup>2</sup> Only condoms can protect you from STDs.<sup>4</sup>

## Are there any side effects?

Side effects may include changes in your period, nausea, stomach pain, tiredness, headache, dizziness, and breast tenderness.<sup>2</sup>



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Over 3.7 million  
have been sold  
in the U.S.\*



\*Total sales for both EContra® EZ and EContra One-Step® 2015 – June 2021.

Brought to you by Afaxys Pharma, a leading provider  
of oral and emergency contraceptives in U.S. clinics.<sup>5</sup>



Scan this code or visit  
[econtraonestep.com](https://econtraonestep.com) to learn more.

**References:**

1. Data on File. IQVIA Data. Charleston, SC: Afaxys Pharma, LLC; 2020.
2. EContra One-Step® product information. Charleston, SC, USA: Afaxys Pharma, LLC; 2020.
3. Haeger KO, Lamme J, Cleland K. State of emergency contraception in the US, 2018. *Contracept Reprod Med.* 2018;3:20. <https://doi.org/10.1186/s40834-018-0067-8>
4. Planned Parenthood. Birth Control Pill. Accessed May 26, 2021. <https://www.plannedparenthood.org/learn/birth-control/birth-control-pill>
5. Data on File. IQVIA Data; 2017-2020.